

## U20 MEN

### 60m



1	<b>7.09i</b>	Gareth Price	Lee Valley	SEAA Championships	19 Jan 08
2	<b>7.22i</b>	Sean Foord	Birmingham	Midland Counties Open	22 Feb 09
3	<b>7.23i</b>	James Grocock	Birmingham	England Athletics Open Championships (U20/U17/U15)	24 Feb 07

### 100m

1	<b>10.9</b>	Sean Foord	Abingdon	Southern Men's League Division 3W	12 Jul 09
2	<b>10.96</b>	Jacob Evans	Sheffield	Aviva English Schools Championships	10 Jul 09
3	<b>10.99</b>	Gareth Price	Connah's Quay	Welsh U17/U20 Championships	12 Jul 08

### 200m

1	<b>22.0</b>	Ben Richardson	Southampton	British Athletic League Division 4	25 Jun 05
2	<b>22.09</b>	Gareth Price	Yate	BAL 10 in 100 Cup	19 Jul 08
3	<b>22.23</b>	Sam Ratcliffe	Aland, FIN	NatWest Island Games	29 Jun 09

### 200m (indoors)

1	<b>22.30i</b>	Gareth Price	Birmingham	England Athletics U20/U17/U15 Championships	24 Feb 08
2	<b>22.72i</b>	Ronnie Young	Birmingham	England U15/U17/U20 Indoor Championships	26 Feb 12
3	<b>22.95i</b>	Sean Foord	Birmingham	Midland Counties Open	22 Feb 09

### 300m

1	<b>36.0</b>	Ben Parnell	Southampton	Team Southampton Open	22 Apr 09
2	<b>36.3</b>	Graham Filer	Sandown	Isle of Wight Floodlight Open	23 Mar 05
3	<b>36.8</b>	Ben Winstanley	Southampton	Southampton AC Open	21 Apr 10

### 400m

1	<b>49.2</b>	Ben Winstanley	Bournemouth	National Junior Athletic League Itchen	01 May 11
2	<b>49.45</b>	Aaron Bennett	Brighton	National Junior Athletic League Itchen	24 Jul 11
3	<b>49.72</b>	Sean Adams	Portsmouth	Hampshire County Championships	13 May 12

### 400m (indoors)

1	<b>51.49i</b>	Sean Adams	Lee Valley	London U20/Senior Games	29 Jan 11
2	<b>51.95i</b>	Pritpal Chana	Birmingham	---	12 Feb 05
3	<b>53.38i</b>	David Bolton	Lee Valley	SEAA Indoor Championships	10 Jan 10

### 800m

1	<b>1.51.21</b>	Aaron Bennett	Watford	BMC Nike Grand Prix	11 Jun 11
2	<b>1.54.06</b>	Harry Fisher	Crystal Palace	Southern Counties U20/Senior Championships	13 Jun 10
3	<b>1.57.73</b>	Jonathan Slade	Street	BMC Academy PB Classic	01 May 06

### 800m (indoors)

1	<b>1.51.79i</b>	Aaron Bennett	Birmingham	England Athletics U15 / U17 / U20 Championships	27 Feb 11
2	<b>1.56.85i</b>	Dudley Mason	Birmingham	England U15/U17/U20 Indoor Championships	25 Feb 12
3	<b>2.01.21i</b>	Harry Fisher	Lee Valley	SEAA Indoor Championships	10 Jan 10

### 1500m

1	<b>4.06.33</b>	John Beattie	Portsmouth	Hampshire County Championships	15 May 05
2	<b>4.07.1</b>	Aaron Bennett	Portsmouth	National Junior Athletic League Itchen	10 Jul 11
3	<b>4.08.22</b>	Oli Williams	Portsmouth	Hampshire County Championships	14 May 06

### 3000m

1	<b>8.58.24</b>	Jamie Knapp	Watford	Watford Harriers Open Graded Meeting	30 Jul 08
2	<b>9.01.30</b>	John Beattie	Portsmouth	Hampshire County Championships	14 May 05
3	<b>9.19.92i</b>	Peter Hart	Sheffield	BUCS Indoor Championships	25 Feb 12

### 2000m S/C

1	<b>6.46.60</b>	Graham Fisher	Brighton	National Junior Athletic League Itchen	24 Jul 11
2	<b>6.46.92</b>	Jonathan Slade	Portsmouth	Hampshire County Championships	15 May 05
3	<b>6.53.8</b>	Simon Ninnim (U17)	Portsmouth	National Junior Athletic League Itchen	26 Jul 09

### 110m Hurdles

1	<b>14.86</b>	Ben Richardson	Bedford	---	03 Jul 05
2	<b>15.2</b>	Sean Adams	Portsmouth	National Junior Athletic League Itchen	29 May 11
3	<b>15.89</b>	Matthew Watson	Portsmouth	Hampshire County Championships	10 May 09

### 400m Hurdles

1	<b>54.3</b>	Sean Adams	Aldershot	Hampshire Schools Championships	11 Jun 11
2	<b>58.83</b>	Callum Rowe	Portsmouth	Hampshire County Championships	12 May 12
3	<b>62.5</b>	Gareth Price	Abingdon	BAL Qualifier	09 Sep 06

### High Jump

1	<b>2.05i</b>	Matthew Watson	Bath	Team Bath Open	11 Dec 10
2	<b>1.95</b>	James Grocock	Sandown	Isle of Wight Championships	16 Sep 07
3	<b>1.90</b>	Sam Tingman	Crystal Palace	Southern Counties U20/Senior Championships	13 Jun 10

### Pole Vault

1	<b>4.31</b>	Richard Humby	Bromley	Jim Day Memorial Pole Vault Meeting	26 Sep 10
2	<b>3.90</b>	Luke Hodgetts	Portsmouth	Hampshire County Championships	12 May 12
3	<b>2.85</b>	Simon Preston	Portsmouth	Hampshire County Championships	09 May 09

### Long Jump

1	<b>7.39i</b>	James Grocock	Cardiff	Celtic Cup	03 Feb 08
2	<b>6.52</b>	Callum Bressington	Portsmouth	National Junior Athletic League Itchen	10 Jul 11
3	<b>6.07</b>	Matthew Watson	Southampton	Southampton AC Open	21 Apr 10

### Triple Jump

1	<b>14.32</b>	Rory Constable	Bournemouth	British Athletic League National 3	04 Jul 09
2	<b>13.89</b>	Matthew Watson	Hendon	Southern Counties U20 Inter Counties Championships	28 Aug 10
3	<b>13.10</b>	James Grocock	Bedford	BUSA Outdoor Athletics Championships	03 May 09

### Shot

1	<b>17.96</b>	Kieren Kelly	Bedford	AAA U23 & U20 Championships	03 Jul 06
2	<b>12.77</b>	Fred Young	Basingstoke	Basingstoke & Mid Hants AC Young Athletes Open	03 Apr 10
3	<b>12.71</b>	Henry Ridgers	Portsmouth	National Junior Athletic League Itchen Division	29 Apr 12

### Discus

1	<b>44.70</b>	Fred Young	Portsmouth	Hampshire County Championships	10 May 09
2	<b>33.01</b>	Daniel Avery	Portsmouth	National Junior Athletic League Itchen Division	29 Apr 12
3	<b>30.24</b>	Alistair Tuck	Street	South West League Division 2	29 May 11

### Hammer

1	<b>55.63</b>	Daniel Avery	Portsmouth	National Junior Athletic League Itchen Division	29 Apr 12
2	<b>47.84</b>	Alistair Tuck	Portsmouth	National Junior Athletic League Itchen	10 Jul 11
3	<b>31.81</b>	Fred Young	Crawley	Crawley Open	29 Mar 09

### Javelin

1	<b>50.78</b>	Jacob Lewis	Portsmouth	Hampshire County Championships	13 May 06
2	<b>48.98</b>	Peter Hoe	Winchester	British Athletics League Division 3	31 Jul 10
3	<b>40.35</b>	Robert Smith	Portsmouth	Hampshire Schools Championships	12 Jun 10

### 4x100m Relay

1	<b>44.6</b>	Callum Bressington Will Hodgetts Ben Winstanley Richard Humby	Bournemouth	National Junior Athletic League Itchen	01 May 11
2	<b>44.9</b>	Sam Derham Sam Tingman Matthew Watson Callum Bressington	Andover	National Junior Athletic League Itchen	25 Jul 10
3	<b>45.2</b>	Sam Tingman Jacob Evans Sam Derham Ross Langford	Portsmouth	National Junior Athletic League Itchen	26 Jul 09

**4x400m Relay**

1	<b>3.25.6</b>	Ronnie Young Dudley Mason Sean Adams Ben Winstanley	Portsmouth	National Junior Athletic League Itchen	29 Apr 12
2	<b>3.26.2</b>	Harry Fisher Simon Ninnim Ben Winstanley Aaron Bennett	Winchester	National Junior Athletic League Itchen	27 Jun 10
3	<b>3.26.8</b>	Dudley Mason (52.7) Martin Campbell (54.8) Sean Adams (49.9) Aaron Bennett (49.4)	Portsmouth	National Junior Athletic League Itchen	10 Jul 11